

# Home and Family Safety Self-Assessment

Score yourself on a scale of 1-5 on each question, add each section.

1: Entirely unprepared  
2: Mostly unprepared  
3: Somewhat prepared  
4: Mostly prepared  
5: Fully prepared



## Home Security \_\_\_\_/20

1. Do you use a security system or smart surveillance cameras? \_\_\_\_
2. Do all exterior doors have deadbolt locks? \_\_\_\_
3. Are all windows secured with locks or security latches? \_\_\_\_
4. Do you routinely lock your car, doors, and windows even when home? \_\_\_\_



## Incident Response \_\_\_\_/35

5. Do you and your family know when and how to call 911? \_\_\_\_
6. Do you have a written or mental plan for sheltering in place during a threat? \_\_\_\_
7. Is there a designated safe room or low-exposure area in your home? \_\_\_\_
8. Have you talked as a family about what to do in case of a break-in or active threat? \_\_\_\_
9. Do you have fire extinguishers, and does everyone know where it is and how to use? \_\_\_\_
10. Have you participated in any drills (fire, intruder, etc.) with your family? \_\_\_\_
11. Is your family aware of where to go or whom to contact if you need to evacuate? \_\_\_\_



## Personal & Family Safety Awareness \_\_\_\_/30

12. Do you/your children know not to open the door for strangers? \_\_\_\_
13. Do you teach/discuss situational awareness (e.g., recognizing strange cars or behavior)? \_\_\_\_
14. Do you have a family code word or signal to indicate danger or distress? \_\_\_\_
15. Are you cautious about sharing personal plans, photos, or travel online? \_\_\_\_
16. Have you or anyone in your household received basic first aid or CPR training? \_\_\_\_
17. Do you regularly check and update emergency supplies (flashlights, batteries, etc.)? \_\_\_\_



## Shelter-In-Place Awareness \_\_\_\_/15

18. Do family members know to stay indoors for gunshots or emergency vehicles nearby? \_\_\_\_
19. Do you have an interior room designated as a “safe zone” for shelter-in-place? \_\_\_\_
20. Do you discuss turning off lights, silencing phones, and staying quiet if sheltering? \_\_\_\_

\_\_\_\_ + \_\_\_\_ + \_\_\_\_ + \_\_\_\_ = \_\_\_\_ / 100

24-35: At Risk. | 36-55: Vulnerable | 56-75: Moderate | 76-90: Fortified | 90-100: Fully Fortified



**Fortified Families of Harvest Point**

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